

Notes for use

- If the suppository is too soft, refrigerate it for a while to make it suitable for use.



- Some suppositories need to be refrigerated; please refer to individual product instructions. If refrigerated, allow the suppository to stand in room temperature for a while before use.
- If necessary, apply water or water-soluble lubricant on the rounded end of the suppository before inserting it.
- You may feel the urge to force out the suppository. The feeling should subside when the suppository melts, which would take a few minutes.
- If only half suppository is required, cut the suppository lengthwise and keep the remaining half for the next dose.

Possible side effects

Shortly after insertion of the suppository, you may experience mild side effects such as mild burning or irritation of the rectum, diarrhoea and abdominal discomfort.

Consult your doctor immediately if you experience any allergic reactions such as skin rash, swelling of the face or hands and breathing difficulty.

Storage

Store the medications in a cool, dry place and away from direct heat and light. Generally, there is no need to store in the refrigerator unless stated on drug labels.

Store the medications out of reach of children to avoid accidental ingestion.

This information leaflet is for reference only.

Medicines should be used as directed by the doctor and pharmacist.

For enquiry, please contact your doctor, dispensary staff or other healthcare professionals.

Do not share your medicine with others.

HOW to use

RECTAL SUPPOSITORIES



PESSARIES
RECTAL SUPPOSITORIES
MEDICINAL MOUTHWASH
NASAL DROPS



Drug Office
Department of Health



How to use Rectal suppositories

1 Wash your hands with soap thoroughly.

2 If necessary, put on a finger cot or disposable gloves.

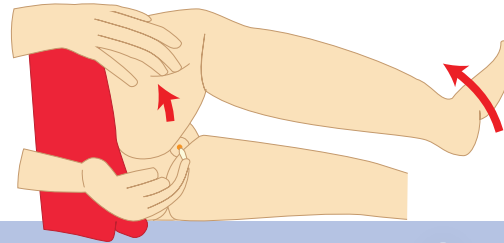
3 Remove the wrapping.



4 Lie on your side. Keep the lower leg straight and bend the upper leg towards the stomach.

5 Expose the rectal area by lifting the buttock with one hand.

A child can lie face down on an adult's laps.



6 Relax the anus and use the other hand to gently push the suppository with the rounded end into the rectum for a depth of about 2cm for infants and about 3cm for adults.

7 Hold the buttocks together for a few seconds. Remain lying for 5 to 15 minutes to prevent the suppository from coming out.

Sitting cross-legged is another suitable posture.

8 Discard finger cots or gloves and wash your hands again.